



January 2017

NSTSA Newsletter – News You Can Use!

(This newsletter is also available at www.nstsa.ca)

Inside this issue:

Topic	Page
1. NSTSA’s Annual General Meeting – March 9, 2017	1
2. NSTSA By Laws: Special Resolution	1-2
3. Safety Excellence Awards Nominations Deadline: <u>February 10, 2017</u>	3
4. Trucking Safety Matters Conference & Safety Excellence Awards	3
5. Safety Certified – Practice Incentive Program	3
6. Annual Reports – Canada Labour Program	4
7. WHMIS/WHMIS 2015 Transition Table	4
8. 2017 NSTSA Members’ NS WCB Assessment Rates	5
9. First Aid & AED/CPR	5
10. Upcoming Industry Events:	6
- Load Securement	6
- Hubs, Tires and Wheels	6
11. NSTSA’s Programs – 2017	6
12. Canada Celebrates 150	7
13. Santa’s Elves Greet Drivers	7
14. Trucking Human Sector Council-Atlantic Upcoming Events	8

NOTICE

**NSTSA’s 2016 Annual General Meeting
Special Resolution – NSTSA By Laws**

When: March 9, 2017
Where: Waterville, NS

For details and/or to register, please contact our office **BEFORE MARCH 1, 2017**
Call Toll free: 1-888-329-9660 or Email: safety@nstsa.ca.

NOTICE

Special Resolution Re NSTSA’s By Laws:

“Special Resolution” means a resolution passed by not less than three-fourths of such members entitled to vote as are present in person or by proxy, where proxies are allowed, at a general meeting of which notice specifying the intention to propose the resolution as a special resolution has been duly given.

The following page contains the proposed changes to the NSTSA By Laws which will be presented on March 9, 2017 at NSTSA’s Annual General Meeting - Special Resolution.

“Leadership is not about being in charge. Leadership is about taking care of those in charge”

Section 25B currently states:

The term of office for a Director of the Association shall be three years. At the end of the three-year term of office, the term may be renewed at the discretion of the Directors of the Association by way of vote. (Each director may serve a maximum of 2 terms (6 years)).

Proposed Section 25B:

The term of office for a Director of the Association shall be three years. The Directors of the Association must be in attendance a majority (75%) of the meetings (3 out of 4 meetings per year). At the end of the three-year term of office, the term may be renewed at the discretion of the Directors of the Association by way of vote.

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Section 32 currently states:

The executives of the Association shall include Chairperson, Vice Chairperson, Treasurer, Secretary and Director at Large.

Proposed change to Section 32 and 36: Add the 2nd paragraph currently in Section 36 to Section 32 . Delete this paragraph from Section 36.

Proposed Section 32:

The executives of the Association shall include Chairperson, Vice Chairperson, Treasurer, Secretary and Director at Large.

To be eligible for an executive position, the person must be a current voting member of the NSTSA Board of Directors.

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Section 36 currently states:

The Director at Large represents the interests of the general membership and participates in meetings of the executive as well as regular Board of Director's meetings. This will enable the person in this position to gain experience and knowledge of the roles, responsibilities and function of the executive. Also, should there be a vacancy within the Executive, the person in this position may wish to have his/her name put forward as a nomination for any vacancy of the executive.

To be eligible for this position, the person must be a current voting member of the NSTSA Board of Directors.

Proposed Section 36: Remove the second paragraph and insert it in Section 32:

The Director at Large represents the interests of the general membership and participates in meetings of the executive as well as regular Board of Director's meetings. This will enable the person in this position to gain experience and knowledge of the roles, responsibilities and function of the executive. Also, should there be a vacancy within the Executive, the person in this position may wish to have his/her name put forward as a nomination for any vacancy of the executive.

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Section 37 currently states:

Be it resolved that the term of office for the Executive shall be two years which may be renewable at the end of each term by an election of the Directors of the Association. The executive members must be in attendance a majority (75%) of the meetings (3 out of the 4 meetings).

Proposed Section 37:

Be it resolved that the term of office for the Executive shall be two years which may be renewable at the end of each term by an election of the Directors of the Association. The executive members must be in attendance a majority (75%) of the meetings (3 out of the 4 meetings).

An Executive's Term of Office shall supersede a Director's Term of Office. For example: Should a voting Director be elected for any Executive position (i.e. Chair, Vice Chair, Secretary, Treasurer, Director-at-Large), regardless of how much time is remaining in their Term of Office as a Director, the Executive position supersedes their voting Director's Term of Office.

Nominations for NSTSA's 10th Annual Safety Excellence Awards

Nomination Categories:

- Small Business (1-5 employees)
- Medium Business (5-20 employees)
- Large Business (20+ employees)
- Professional Driver of the Year
- Safety Representative
- Workplace Health & Safety Committee/Joint Occupational Health & Safety Committee
- Safety Champion
- Progress Achievement Award
- Safety Lifetime Achievement Award



Nomination forms are available by contacting our office or viewing our website: www.nstsa.ca
Don't delay, nominate an industry safety ambassador today!

Deadline for nominations is February 10, 2017.

**TRUCKING SAFETY MATTERS CONFERENCE
and
10th Annual SAFETY EXCELLENCE AWARDS LUNCHEON**

SAVE THE DATE: April 27, 2017.

Both special events will be held on this day at the Best Western, Dartmouth, Nova Scotia.

*****Pre-registration is required by APRIL 13, 2017. Admission: FREE *****

There will be a trade show on site with products and services that are invaluable for your safety program and workplace.

This is sure to be a day of learning, networking and celebrating our industry's champions.

See brochure in this newsletter for more details and to register for these events!

Safety Certified Accreditation: Practice Incentive Program:

The total rebate amount received by "safety certified" companies who have participated in the Practice Incentive Program:

- o 2013: 275 Firms participated = \$283,729.34
- o 2014: 254 Firms participated = \$266,449.72
- o 2015: 241 Firms participated = \$271,833.37
\$822,012.43

2016: Rebates for 2016 will be issued by WCB of NS in April, 2017.

To learn more about how your company can get involved in the Practice Incentive Program, please contact us!

"Act as if what you do makes a difference. It does."

ANNUAL REPORTING



REMINDER to our members who are Federally Regulated.

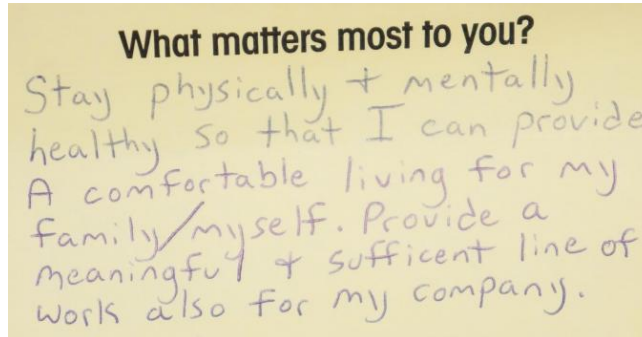
Each year by March 1, employers must submit to the Labour Program two annual reports which cover the previous calendar year. These two annual reports are:

1. **Work Place Committee Report** (Form Lab1058)
2. **Employer's Annual Hazardous Occurrence Report** (Form Lab1009)

Details and forms may be accessed at: www.servicecanada.gc.ca

WHAT MATTERS MOST.....

During our courses, there is opportunity for much discussion. Participants answer the question "What matters most to you?" on a note pad. Here is one person's response however, this response is what the majority of participants say because it is what matters most!



WHMIS/WHMIS 2015

WHMIS 2015: NSTSA offers **WHMIS 2015** course in the classroom and now ONLINE. Check out our website or call us for more information regarding course dates and online access.

Transition Table for Full Implementation of **WHMIS 2015**

Phase	Time Period	Manufacturers & Importers	Distributors	Employers
1	Feb. 11, 2015 to May 31, 2017	WHMIS 1998 OR WHMIS 2015	WHMIS 1998 OR WHMIS 2015	WHMIS 1998 OR WHMIS 2015
2	June 1, 2017 to May 31, 2018	WHMIS 2015	WHMIS 1998 OR WHMIS 2015	WHMIS 1998 OR WHMIS 2015
3	June 1, 2018 to Nov. 30, 2018	WHMIS 2015	WHMIS 2015	WHMIS 1998 OR WHMIS 2015
Completion	Dec. 1, 2018	WHMIS 2015	WHMIS 2015	WHMIS 2015

NSTSA Members- 2017 WCB NS Assessment Rates (per \$100 of payroll):

Standard Industrial Classification Code (SIC)	2015	2016	2017
General Freight – SIC 4561	\$5.44	\$5.67	\$6.17
Moving & Storage – SIC 4562	\$7.16	\$6.17	\$6.07
Bulk Liquid – SIC 4563	\$3.97	\$3.29	\$2.78
Dry Bulk- SIC 4564	\$3.97	\$3.29	\$2.78
Trucking Other – SIC 4569	\$5.44	\$5.67	\$6.17

Our membership's most common injuries:

1. Back (including spine, spinal cord)
2. Ankle(s)
3. Multiple body parts
4. Shoulders

Most injuries occur as a result of "Slips, Trips or Falls".

For every \$1 in WCB costs, an employer pays a minimum of \$5 in uninsured property damage costs. An employer may also pay a minimum of \$1 - \$3 in uninsured miscellaneous costs. What is the full cost of workplace injuries? Check out the online Incident Cost Calculator for the trucking industry:

www.wcb.ns.ca/Incident-Cost-Calculator.aspx#trucking

How are rates set? View this video to learn more:

<http://www.worksafeforlife.ca/ratesettings/ratesetting.html>

First Aid Training Courses:

Nova Scotia Trucking Safety Association members receive a "preferred rate" for First Aid courses. Please see the options listed below.

Option 1: St. John Ambulance: To pay the "preferred rate" you must first decide on the course, date and location where you wish to attend. For a list of programs and schedule visit: www.sja.ca.

Then, **CALL:** 1-800-565-5056 OR **EMAIL:** info@ns.sja.ca, provide your information and preferred date and location for training AND mention you are a member of the Nova Scotia Trucking Safety Association.

- Emergency First Aid Training & CPR/AED: (1 day): \$76.50 + tax per person.
- Standard First Aid & CPR/AED: (2 days): \$102 + tax

Option 1: LifeShield (Canadian Red Cross) within Halifax Regional Municipality:

offers a "preferred rate" when you register for First Aid Training. To pay the "preferred rate" you must first decide on the course, date and location where you wish to attend. For their list of programs and schedule visit: <http://lifeshield.ca>

Then **CALL:** 902-444-9362 or **EMAIL:** registration@lifeshield.ca with the subject line: *Registration Request – NSTSA 15%*, provide First/Last name; course name and date; phone number; indicate whether payment will be made individually or if the workplace (include name of workplace) is to be invoiced.

- Emergency First Aid Training & CPR/AED: (1 day): \$66 + tax per person
- Standard First Aid & CPR/AED: (2 days): \$95.99

****Download Canadian Red Cross free First Aid App on your Smartphone or tablet.****



UPCOMING EVENTS

Industry Workshops:

Over the next few weeks you will see posted on our website, Facebook and in mail outs two industry workshops we will be hosting in areas throughout of Nova Scotia. Be sure to check out our social media sites and website often.

Load Securement:

Statistics identify an increasing number of injuries are occurring while securing loads and offloading. One injury is one too many! NSTSA, in partnership with members of our industry and government departments, is currently developing education materials to assist our members on how to secure loads and offload safely.

Hubs, Tires and Wheels Workshops:

This program is designed to minimize or eliminate the risk of injury to workers performing tire servicing. This program applies to all workers who perform tire servicing of large vehicles and other mobile equipment. We are in the process of confirming dates and locations for these workshops throughout Nova Scotia. The full schedule will be posted soon. Be sure to check out our website often to find a workshop near you and to register.

If you have a shop and would be interested in hosting this workshop at your location, please contact us.

2017 Safety Programs:

We have added more courses to our schedule: To learn more and for course dates, visit: www.nstsa.ca or call: 1-888-329-9660

1. WHMIS/WHMIS 2015 "on line" available February 1, 2017.
2. Supervisor's Roles and Responsibilities – 1 day
3. Accident Investigation – 1 day
4. Review of the Canada Labour Code Part II & Canada OHS Regulations – 1 day
5. Steps to Building an OHS Program for Your Workplace – 1 day
6. Joint Occupational Health and Safety Committee Roles and Responsibilities – 1 day
7. "The Working Mind" – Workplace Health and Wellness (www.mentalhealthcommission.ca)
 - Course specific for employees (1/2 day)
 - Course specific for Supervisors (1 day)
 - Train the Trainer Course (5 days)

*** Nova Scotia Labour and Advanced Education: Safety Branch offers FREE e-learning of over 60 online safety courses. Check it and start today! They are offered FREE to Nova Scotians.***

http://www.ccohs.ca/catalog/courses_list_nova.php

***"Learn from yesterday, live for today, hope for tomorrow.
The important thing is not to stop questioning." – Albert Einstein***



Canada Celebrates 150:

On July 1, 1867, only four provinces (Ontario, Quebec, Nova Scotia and New Brunswick) composed the new "Dominion of Canada". The rest of the provinces and territories joined and were formed over time, Nunavut being the most recent, which officially separated from Northwest Territories in 1999.

What are you doing to celebrate Canada's 150th? Here is the link to the Nova Scotia Events Schedule: <http://www.novascotia.com/fr/canada150>

How about joining "Share the Dance"? NSTSA has registered a group for "Share the Dance Day" on June 2, 2017. Learn a new dance through videos and dance, dance, dance. This is a great initiative to build teams, have fun and celebrate Canada's 150th right here in our own community.

Register your group now: <http://www.nbs-enb.ca/Sharing-Dance/Sharing-Dance-Day-2017>

Santa's Elves Greet Drivers at the Kelly Lake Scales



On December 20, 2016, the NSTSA elves presented over 80 drivers with best wishes for the holidays and stuffed camouflage Christmas stockings (green for the guys, pink for the gals) at the Kelly Lake Scales. This was NSTSA's way of thanking them for what they do every day. The NSTSA elves are preparing for next year's event.

To all our members, we wish you health, happiness and a very prosperous year!

Sincerely,

NSTSA Team

Linda Corkum

Kathleen Shea

Gary Hunt

 **stop**  **think**  **act safely**[™]

News From....



Trucking Human Resource Sector Council Atlantic
(THRSC-Atlantic)

The THRSC-Atlantic is an Association working with the trucking industry to address current human resource needs including entry training standards, recruitment and retention strategies, labor market information, information about training grants that may subsidize training costs for an employer – small, medium or large.

THRSC-Atlantic 2017 Upcoming Events:

Advancing Women in Trucking – Leadership Program –Learning strong communication skills and opportunities to advance – this is a great program for women at all levels of leadership in the industry.

Supervisory Development Program – This program is for new or seasoned supervisors. Learn the legislative requirements and responsibilities of being a supervisor as well as communication and team building strategies to help you lead your team.

NATMI Train the Trainer Program and Certification –This program teaches trainers how to be effective trainers and recognizes their experience in achieving a “trainer designation”. This course was first offered in 2016 and is scheduled for Spring 2017.

Lunch ‘n Learn HR sessions – New this year! Learn about hot topics without having to leave your workplace.

HR Annual Conference Spring 2017 – Celebrates the “Employers of Choice” program while customizing the HR conference content to gaps identified by employees in the workplace.

To learn more or to be added to our contact list and receive electronic notices of upcoming training and conferences, please visit our website: www.thrsc.com or contact us at: kelly@thrsc.com.

SAFETY is...

*...the feeling you get when you know you are competent
to do a task, provided with good equipment,
working in an environment where your
supervisor is expected to know your risks,
has evaluated them and discussed them with you
and you know everyone follows the rules.
It is a good feeling.*

Grant W. Henneberg, CRSP